• 22% of teen drivers who died in car crashes were **drinking**. Car

were **drinking**. Car crashes are the leading cause of teen deaths.

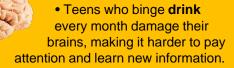
- Marijuana affects skills needed for safe driving, like reacting to to sounds and signals on the road.
- Teens who use **marijuana** are more likely to get lower grades and drop out of high school.

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 High school students who use alcohol are five times more likely to drop out.

• Marijuana's effects on attention and memory make it harder to learn and do complex tasks.

 Teens who use marijuana a lot may have lower IQ when they are adults.



 Alcohol poisoning and suicide are major causes of alcohol-related teen deaths.



- Teen drinking and marijuana use raise the risk of sexual assault, sexually transmitted diseases, and unplanned pregnancy.
- Teen **drinking** raises the risk of injuries the third leading cause of death among teens.

## Raise subject

- "Thank you for answering these questions is it ok if we review them together?"
- "Can you tell me, in your own words, about your drinking or drug use? How often, how much, etc.?

## Provide feedback

- "I recommend all my teen patients not use at all. Substance use can increase the risk of the things listed on the front of this card."
- "Some teens can't quit on their own, even if they wanted to. I recommend these patients get help to stop using."

## Enhance motivation

- "What do you like and not like about your drinking/drug use?
- "On a scale of 0-10, how ready are you to stop using/receive specialized treatment? Why not a lower number?"

## Negotiate plan

- "What steps do you think you can take to reach your goal of not using/seeking specialized treatment?"
- "Can we schedule an appointment to check in?"

Oregon alcohol & drug referral helpline: 800-923-4357

