Quarterly Report to the California

Department of Health Care Services

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DHCS Project Number: 20-10318

HMA Project Number: 200210

Project Name: *Systems of Care* MAT Expansion Project, including Community Response Teams (CRTs), and CDCR Prison MAT Expansion work

Summary:

Since October 2018, Health Management Associates (HMA) has operated a project funded by the California Department of Health Care Services (DHCS) to evaluate systems of care in California counties, conduct multi-day process improvement efforts, and expand the medication assisted treatment (MAT) capacity in target counties through learning opportunities and direct provider coaching. The project included an additional workstream that shares the larger goals of addressing the opioid epidemic in the state through expanding MAT – work with the California Department of Corrections and Rehabilitation (CDCR) to bring MAT into prisons systemwide.

Under SOR2 funding which began in September 2020, the project work continued and an additional workstream of Community Response Teams (CRTs) was added to bring harm reduction and overdose prevention resources to the most underserved counties in the state. HMA's specialized division, HMA Community Strategies, is focused on the important role community plays in health, including in response to epidemics such as the opioid epidemic.

This is the eighth quarterly report for SOR2, which covers the period of July 1, 2022 – September 30, 2022. Only deliverables on which work has started or been conducted are included.

DELIVERABLES:

The section below details deliverables HMA is required to perform per its contract on which there was meaningful work conducted during the quarter. The report is organized by deliverable category and like deliverables are grouped.

This quarter was largely a program wrap-up period with the administration of assessments, *Envisioning the Future* county wrap-up events, and preparation for the Final Report. Two notable pieces of work

distinct to this quarter were the follow-up process improvement events, which we named "Envisioning the Future" events, in each of our six counties and the program planning for SOR III.

For SOR III, HMA is planning a significant overhaul of the Systems of Care ecosystem work to be built on a learning collaborative model with incentive stipends for maximizing participation from counties. The new model will reflect many lessons learned so far in our statewide county-focused work. HMA dedicated significant time to strategic program planning on how to build and implement the new model. Also, for the Community Response Teams (CRTs), we will be continuing our two pilot counties from SORII and adding four new counties by the beginning of 2023.

DELIVERABLE ITEMS FROM "MAIN SYSTEMS OF CARE COMPONENTS" SECTION:

Workstream
New Counties Year 2 - Systems of Care: Follow-up PIE Event Counties 1, 2, 3, 4, 5 and 6
Deliverable Detail
• Identify local partners who are most likely to help build strong participation, meaningful engagement and further impact to improve addiction treatment system through a follow-up event • Develop agenda based on quarterly collaboration call input and local leadership • Plan and hold single-day follow-up process improvement events. • Write summary report to document progress made toward building the future state addiction treatment system, recommit to ongoing collaborative work, new priorities, and local sustainability strategies

Follow up events, or *Envisioning the Future* events, were held in Santa Barbara, San Bernadino, Santa Cruz, Marin, and Yolo counties. The focus of these events was to celebrate progress, assess where to go next, and recommit to ongoing ecosystem improvement through collaboration. An event was not held in Siskiyou County at the discretion of the County leadership due to other pressing local priorities and a lack of capacity to engage. The resources were instead redirected on a special coaching engagement to meet some specific concerns for the judiciary and criminal justice segments of the ecosystem.

County	Event Name	Date	Provider Types in Attendance
Santa Barbara	Santa Barbara Systems of Care: Envisioning the Future for Persons with Substance Use Disorder (SUD)	4-Aug	Addiction Counselors (28); Administrators (12); Case Managers (3); LMFTs (8); Nurses (1); Peer Recovery Support Positions (1); Physicians (1); Prevention (2); Social Workers (5); SUD Navigators (1); Other/Unknown (8)
San Bernardino	San Bernardino Systems of Care: Envisioning the Future for Persons with	26-Jul	Addiction Counselors (15); Administrators (17); Criminal Justice Professionals (1); LMFTs (3); Nurses (3); Peer Recovery Support Positions (1); Physicians (2); Prevention (12);

	Substance Use Disorder (SUD)		Psychologists (1); Social Workers (13); SUD Navigators (3); Other/Unknown (13)
Santa Cruz	Santa Cruz Systems of Care: Envisioning the Future for Persons with Substance Use Disorder (SUD)	15-Aug	Addiction Counselors (5); Administrators (18); Case Managers (1); Criminal Justice Professionals (3); LMFTs (1); Nurses (13); Pharmacists (1); Physicians (9); Prevention (6); Social Workers (16); SUD Navigators (2); Youth (1); Other/Unknown (6)
Marin	Marin Systems of Care: Envisioning the Future for Persons with Substance Use Disorder (SUD)	16-Aug	Addiction Counselors (4); Administrators (12); Case Managers (1); Community Members (2); LMFTs (3); Peer Recovery Support Positions (2); Physicians (7); Prevention (2); Psychologists (2); Social Workers (1); SUD Navigators (1); Other/Unknown (7)
Yolo	Yolo Systems of Care Envisioning the Future for Persons with SUD	12-Aug	Addiction Counselors (2); Administrators (7); Criminal Justice Professionals (2); LMFTs (5); Nurses (1); Social Workers (10); SUD Navigators (2); Other/Unknown (12)

Reports for the events described above can be found in the attachments: **ATTACHMENT 1: SOR 2 Envisioning the Future Report Santa Barbara; ATTACHMENT 2: SOR 2 Envisioning the Future Report San Bernadino; ATTACHMENT 3: SOR 2 Envisioning the Future Report Santa Cruz County; ATTACHMENT 4: SOR 2 Envisioning the Future Report Marin County; ATTACHMENT 5: SOR 2 Envisioning the Future Report Yolo County**

Workstream
Ongoing Year 2 TA Program Operations: Webinar Content - Period 2
Deliverable Detail
• Plan and conduct monthly webinars
• Record webinars and place on website
• Administer webinar evaluations and collect data

One multi-session webinar was offered, recorded, placed on the website, and evaluated.   HMA offered CME and CEU credits to participants for the educational opportunities to incentivize participation.

Understanding the Challenges and Transition Needs Among Persons in the Criminal Justice System with SUD The Justice-Involved Population with SUD face unique health needs and challenges that sometimes require special considerations and deep understanding. This presentation will provide an overview of best practices for transition and other approaches to support re-entry of the justice involved populations. Participants will also receive an update on CalAIM Initiatives to support this population.				
Date	**Presented by**	**Description**	**# Attendees**	**# CE certificates**
7/19/2022	Carol Clancy, PsyD, MSW	Webinar	96	16
7/28/2022	Carol Clancy, PsyD, MSW	Office Hours	30	n/a

The content for this webinar is included in the attachments: **ATTACHMENT 6: Understanding the Challenges and Transition Needs Among Persons in the Criminal Justice System with SUD**

Workstream
New Counties Year 2 - Systems of Care:
Coaching Six Counties – Period 3
Deliverable Detail
• Administration and review of technical assistance applications from all interested county stakeholders
• Administration of a comprehensive assessment for sites interested in and eligible to establish or expand MAT capacity
• The assignment of a coach to each site, the interactive review of assessment results, the setting of coaching goals and twelve or more months of coaching to work toward MAT goals
• Monthly progress notes from each coaching site

Despite the fatigue in the field that we have observed in SORII, the HMA team continued to maximize the positive impact of its work within the sphere of participation that did remain possible. Details follow and describe the level of activity across all counties. In the last year, while the initial start was very weak, our coaches have been tenacious and creative in offering out relevant support. As you can see below, Yolo County and Santa Cruz County remain very engaged.

Category	County	Event Name	Date	Provider Type
Coaching	Santa Barbara	Coaching session with Council on Alcoholism and Drug Abuse (Santa Barbara County)	6-Jul	Administrator (4)
Coaching	Santa Barbara	CADA - HMA Coaching	14-Jul	Administrator (4)
Coaching	Santa Barbara	CADA and HMA Working on SUD Induction-Intake Workflows	15-Aug	Administrator (7); Addiction Counselor (2)
Coaching	Siskiyou	Systems of Care: The Justice System and Addiction Training Series	5-Aug	Addiction Counselor (1); Criminal Justice Proessionals (4); Social Workers (2); Court (2); Superior Court Judge (1); Mental Health Court Coordinator (1)
Coaching	Siskiyou	Systems of Care: The Justice System and Addiction Training Series	19-Aug	Addiction Counselor (1); Criminal Justice Proessionals (4); Social Workers (2);

				Court (2); Superior Court Judge (1); Mental Health Court Coordinator (1)
Coaching	Siskiyou	Systems of Care: The Justice System and Addiction Training Series	26-Aug	Addiction Counselor (1); Criminal Justice Professionals (4); Social Workers (2); Court (2); Superior Court Judge (1); Mental Health Court Coordinator (1)
Coaching	Yolo	Heritage Oaks Hospital / Access Line Coaching Session	19-Jul	Administrator (1)
Coaching	Yolo	Fourth and Hope	20-Jul	Administrator (2)
Coaching	Santa Cruz	Coaching Session w/ County of Santa Cruz	12-Jul	
Coaching	Santa Cruz	Coaching Session w/ Watsonville Community Hospital	12-Jul	Physician (2); Pharmacist (1); Substance Use Navigator (1)
Coaching	Santa Cruz	Coaching Session w/ Salud Para La Gente	19-Jul	Physician (1); Nurse (1); Substance Use Navigator (1)
Coaching	Santa Cruz	Coaching Session w/ County of Santa Cruz	1-Aug	Physician (2)
Coaching	Marin	Coaching Session w/ Ritter Center	21-Jul	Administrator (2); Physician (1); Nurse Practitioner (1)
Coaching	Marin	Coaching Session w/ Ritter Center	28-Jul	Administrator (2); Physician (1); Nurse Practitioner (1)

Deliverable item from "CRT Program Pilot" section:

Workstream
CRT Year 2 Program Pilot: Sustainability - Period 2
Deliverable Detail
• Conduct monthly meetings • Facilitate sustainability planning and document strategies • Provide support to local leadership to develop full sustainability plans • Provide written copy of final sustainability plans

The two pilot regions operating the CRT model during SORII were approved for program extensions by DHCS for SORIII. Therefore in this final period, rather than a comprehensive focus on local ownership and sustainability, the HMA team focused on overall program capacity. The rationale for this pivot is that all capacity building is ultimately contributing to sustainability and that the final sustainability work needs to be extended until the completion of the work.

<u>**Madera County**</u>

Member activity – The Members have shifted their activity into the two working committees of the POD Committee and the Communications Committee. Therefore the recurring meeting has shifted to once per quarter and consists of updates from the two committees and strategic discussion of all the Members. The quarterly meeting was conducted in October in this quarter

POD Committee Activity – The committee met monthly with robust attendance from the Department of Public Health, the Department of Social Services, Community Action Partnership, Department of Behavioral Health, the Community Hospital, and the Madera Food Bank. The Committee members are setting milestone goals for the number of kits to be distributed as well as qualitative goals regarding the geographic reach and diverse community reach of the outreach efforts. A key success of this committee was to plan and staff a table with local volunteers to provide outreach, training, and Naloxone at the County Fair for four days with 3-4 volunteer shifts per day. The local capacity is a notable indicator in the overall strength of the CRT in Madera County. The activities planned and carried out by the Committee are described in the table below

POD activity

Kits Distributed	Notes	Location	Partners
93	*9/8 to 9/11 (Community POD)*	*Madera County Fair*	*Public Health*
30	*9/9 (Train the Trainer and POD)*	*Public Health*	*Public Health Emergency Preparedness*
101	*9/23(Community POD)*	*McNally Park*	*Madera County Food Bank*

Train the trainer activity – There were three Train-the-Trainer events held on July 14, August 11 and September 6. Stakeholders and community members from all CRT regions were invited with attendees from Sutter/Yuba and Madera Counties. In total more than 90 people were trained, including many volunteers to cover the County Fair activities.

Data – OD Map is fully operational in Madera County and the Director of Public Health, Dr. Paul, monitors the data daily with trigger alerts automated. Each POD and Member meeting features an update on the data and a discussion of current overdose activity.

Sutter & Yuba Counties

Member activity – During Q3, the Yuba Sutter Community Response Team had two monthly member meetings attended by diverse stakeholders including bi-county behavioral health, public health, the regional homeless consortium, SUD treatment providers, and FQHCs. During this time, the CRT approved the launch of two CRT committees: a POD/Outreach Committee and a Data/Communications committee. These committees are designed to be working groups that meet 1-2x per month and report back to the full team at the monthly CRT meetings. During this quarter, CRT leadership also worked on expanding attendance at monthly member meetings through additional outreach to local educational partners, SUD county prevention/early intervention, and other key stakeholders.

POD activity – There were no PODs conducted between 7/1 and 9/30, as the focus was on infrastructure building activities, including launching the POD/Outreach and Data/Communications committees and outreach in preparation for fall POD and train-the-trainer events.

Train the trainer activity – We conducted three Train-the-Trainer events as noted above. Yuba and Sutter stakeholders and community members were invited to all. Notably, one of the trainings conducted was attended by approximately 55 field staff from Yuba County Health and Human Services.

POD Committee Activity – The POD committee launched in August and there were 3 committee meetings during this quarter. POD committee members represent the following organizations: Sutter/Yuba Behavioral Health, all three regional FQHCs (Harmony Health, Peach Tree Health, Ampla Health), the Yuba-Sutter Homeless Consortium, SUD treatment centers, and Sutter County public health. The Committee generated a list of 20+ outreach prospects for upcoming fall PODS and carried out outreach and planning for five October PODs. POD Committee work this quarter included outreach to cultural communities that the CRT has not yet reached, including the Latinx and Hmong communities. Additionally, committee outreach led to the scheduling of four train-the-trainer events for October/November 2022. The addition of this committee to the CRT structure has created an key opportunity for CRT members to deepen their involvement in the work. Several members have stepped into leadership roles with the group, leading to increased momentum in local outreach and educational efforts.

Data – During this quarter, Sutter County Public Health moved forward their process of accessing OD Map and are currently working on data sharing policies at the public health leadership level. Sutter-Yuba has a bi-county public health officer who is involved in this planning. Their plan is to complete the

approval and protocol set-up with Sutter County and then use that process to set-up the same system in Yuba County. During the upcoming quarter, the Data/Communications committee will be approving communications materials and defining data thresholds for sentinel event response.

PROGRAM AREA VII: PHASE 2 CALIFORNIA DEPARTMENT OF CORRECTIONS AND REHABILITATION

Workstream	Number
Year 2 Systems of Care CDCR Phase 2 Primary Care Provider Training	**D75**
Deliverable Detail	
• Provide both in-person and online training resources • Plan and host learning cohorts and didactic sessions • Travel for in-person trainings	

All deliverables as outlined in the scope of work were completed and delivered to CDCR in the 7th quarter. During the 8th quarter, Dr. Waller created curriculum that mapped to core competencies. Rather than having one short video for each objective, the seven videos created cover multiple objectives. These videos will be shared with CDCR and include the following objectives:

- The learner will be able to describe the body's natural opioids
- The learner will be able to describe the opioids core molecule and why it is important
- The learner will be able to describe the safety profile for buprenorphine
- The learner will apply this to their work and the instructions that are delivered to patients
- The learner will be able to use four validated tools for the assessment of substance use disorders.
- The leaner will be able to understand the safety profile for buprenorphine
- The leaner will be able to understand how does impact retention
- The learner will understand how dose impacts illicit drug use
- The learner will be able to complete a standard buprenorphine induction
- The learner will be able to complete a high-dose buprenorphine induction
- The learner will be able to complete a transition from methadone to buprenorphine
- The learner will be able to complete a transition from naltrexone to buprenorphine
- The learner will be able to complete a buprenorphine microdose induction

- The learner will be able to describe the common physical findings associated with substances of abuse.
- The learner will be able to identify common physical findings associated with substances of abuse.
- The learner will be able to document the physical findings associated with substances of abuse.
- The learner will be able to describe the difference between Screening, Assessment and Level of Care Determination
- The learner will understand the role and potential workflow of screening for substance use disorders in different practice settings.
- The learner will be familiar with several validated screening tools
- The learner will be able to identify inappropriate drug use
- The learner will be able to guide patient care; identify patient stability and improve the current approach to the patient
- The learner will be able to how the patient can demonstrate abstinence and long-term sobriety