Resources for Families on

Fetal Alcohol Spectrum Disorders

Websites (there are many; these are favorites)

 Proof Alliance (used to be Minnesota Organization on FASD)—has resources and info for educators, justice, families, advocates

 [proofalliance.org](http://proofalliance.org)

 NOFAS Northern California, good information, also is leading legislative change in California. [www.nofasnortherncalifornia.org](http://www.nofasnortherncalifornia.org)

 <https://nationalfasd.org.uk/> is a wonderful resource located in England, and has excellent information.

 [www.FASDUnited.org](http://www.FASDUnited.org) is the new name for our national organization on FASD.

 Leading national legislation efforts.

Online Support Groups (Ongoing, on Facebook)

 Parenting FASD Kids (just search on Facebook)

 Parenting FASD Teens and Adults

 FASD Caregiver Success (Jeff Noble) (all ages) https:// www.facebook.com/groups/FASDFOREVER

Online Support Groups (Monthly—<https://www.php.com/fetal-alcohol-> spectrum-disorder-fasd-support-group/

 Parents Helping Parents FASD Support Group/younger kid

 Parents Helping Parents FASD Support Group/older kids

Books

 *Trying Differently, Not Harder,* Diane Malbin

 *Making Sense of the Madness, and FASD Survival Guide,* Jeff Noble

 *for in-depth scholarly material:*

Hagan JF, Balachova T, Bertrand J, Chasnoff I, Dang E, Fernandez-Baca D, Kable J, Kosofsky B, Senturias YN, Singh N, Sloane, M, Weitzman C, Zubler J, *on behalf of Neurobehavioral Disorder Associated With*

 *Prenatal Alcohol Exposure Workgroup (2016). American Academy of Pediatrics 10.1542/peds.2015-3113*

Videos

 *6 Things* by Nate Sheets (9 minutes)

 *Fetal Alcohol and the Law* by David Boulding (9 minutes)

 *Why Typical May Not Work*  by Nathan Ory

 *FASDs and Making Friends* by Ira Chasnoff (NTI Upstream)

 <https://www.fosterparentcollege.com/course-info/fasd--a> 90-minute webinar for foster parents

Music

 Peter Alsop, child psychologist and musician—a double album about sex and sexuality—humorous, straightforward, good boundaries and a posi tive approach to sex and its appropriate expression. http:///album/ songs-sex-and-sexuality-double-cd-album-

Further Training

 FASCETS [www.fascets.org](http://www.fascets.org)

 Nate Sheets [www.oregonbehavior.com](http://www.oregonbehavior.com)

 Jeff Noble [www.fasdforever.com](http://www.fasdforever.com)

 Kathryn Page kathryn.page@sbcglobal.net

FASD-specific mental health

 Families Moving Forward <https://depts.washington.edu/fmffasd/>

 Eileen Devine, LCSW

Handouts

 8 Magic Keys—the classic skeleton of support and intervention. <http://hal> [tonfasd.ca/wp-content/uploads/2015/09/8-Magic-Keys-to-Supporting-](http://tonfasd.ca/wp-content/uploads/2015/09/8-Magic-Keys-to-Supporting-) FASD.pdf

 Overlapping Characteristics—chart showing signs and symptoms of FASD compared to several other conditions. A good one-page attention-getter. <https://www.proofalliance.org/wp-content/uploads/2015/09/Overlapping-Characteristics-4-29-2016.pdf>