

## Ac P Yurok Tribe Health and Human Services

190 Klamath Blvd. Klamath, CA 95548 Ph. (707) 482-1350 Fax (707) 482.1368

HC67 box 196, Hoopa CA 95546 Ph. (530)625-4130 Fax (530)625-4148 3400 Erie Street, Eureka, CA 95501 Ph. (707)445-2422 Fax (707)445-2428

#### I. Healthy Circles Intake Form

Screening and Needs Assessment				
Client Information				
Name:		DOB:		
City:				Zip:
Physical Address:				
Phone:		Messa	age Phone:	
Tribal ID:				
Release of Information attached				
Emergency Contact Information				
Name	Address		Phone	Relationship

Please Identify Risk Factors		
Living in Area with High Crime Rate	Involvement in Juvenile Justice	Experiencing or Exposed to Substance Abuse
Absent Parent (Single Parent Families)	System	Issues
Parents not High School Graduates	Living in Unstable School District	Pregnant/Parenting Teen
Living with Caretaker Relative	Low Academic Performance or	Experiencing or Exposed to Domestic Violence
Member of Low Income Household	Attendance	Homelessness / Housing Issues / Runaway
Living on or Near Reservation or	Low Self Esteem or Negative	Family Impacted by Suicide
Rancheria lands	Self-Perception	Family Impacted by Opioid Crisis
Prenatal Substance Use	Victim of Bullying	
	Member/Ally of the LGBTQ	
	Community	

Immediate Needs					
	Discussed	Current	New Referral	Organization	Contact Person
HEALTHCARE					
Medicated Assisted Recovery					
Mental Health Counseling					
Substance Abuse Counseling					
12 Step Group					
Recovery Supports					
Smoking Cessation					
Public Health					
Home Nursing- (Healthy Families					
Field Nursing)					
Healthy Moms					
ECONOMIC STABILITY					
TANF/Tribal TANF					
Employment					
General Relief					
Child Support					
Diapers					
<b>COMMUNITY &amp; ENVIRONMENT</b>					
Housing Authority					
Housing Energy Assistance					
Family Stabilization Program					
(job/rent etc)					
Housing Support Program					
Harrington House					
Transportation					
Car Seat					
EDUCATION					
Headstart/Early Headstart					
Play Groups					
Community Resource Centers					
COMMUNITY & SOCIAL					
<b>Tribal Motherhood/Fatherhood</b>					
Linguistic and Cultural Programs					
Tribal Mentor					
Domestic Violence Programs:					
Yurok or Tolowa dee-ni' or County					
North Coast Rape Crisis Center					
FOOD					
CALFresh					
WIC					
Local Food Banks					
Plan of Safe Care					
Other					

# Assessments: To access service tailored to your needs and that of your family's, we ask your permission to conduct applicable assessments with you

	Date Discussed	Date Referred	Date Completed		rganization	1	Contact Person	n
ACES								
ASAM level for client (.5 – 4)								
Ask Revise Refer								
Cultural Connections								
Four 4 Ps Plus								
Mental Health:								
Edinburgh								
РНQ9								
NCFAS								
SDOH								
TANF (At-Risk)								
Eat, Sleep, Console								
Referral to Healthy Circl	les	Name of T Contact In			r:			
Organization (write name of organizat	ion)	Date Discussed	Date Warm- hand off	Date of TANF	f Tribal Meeting	Nam	e	Contact Information
OBGYN/Hospital								
Tribal Agency NAME								
County Agency NAME								
MAT Provider								
Other Provider								



# Yurok Health and Human Services



## Plan of Safe Care

## I. Preliminary Information

Contact Information						
Name of Parent 1:		DOB	:			
City:				Zip:		
Physical Address:						
Phone:		Mess	age#:			
Name of Tribe and Tribal ID:		1				
Name of Parent 2:		DOB	:			
City:				Zip:		
Physical Address:						
Phone:	Phone:		Message#:			
Name of Tribe and Tribal ID:		1				
Infant Name:		DOB	:			
Infant's Siblings' Names		Ages		Living With		
Living with Parent 1; Parent 2; Other		_(relati	onship to infant)			
Physical Address (if different from paren	ts):					
Phone:		Mess	age#:			
Tribal ID:						
City:						
Emergency Contact Information						
Name	Address		Phone	<u>Relationship</u>		

## II. Building My Healthy Circle (Family Wellness Team)

My Family, Friends, Tribe, and Community Resources are here to support me attain <b>Pyuech we-son-o-wok</b> (a state of being when everything is just as it should be—balanced/wellness)					
· ·					
	Name	Organization/Phone Number/Contact Information			
Family					
Friends					
Mentor/Navigator					
Family Advocate					
Service Provider					
Service Provider					
Others					

#### To attain Pyuech 'we-son-o-wek, I must first identify my challenges. Please circle all substances used in the past year.

Methadone	Opioids	
Buprenorphine	Benzodiazepines	
Naltrexone	Methamphetamine	
Prescribed opioids for chronic pain	Amphetamine	
Prescribed benzodiazepines	Kratom	
Marijuana	Other	
Nicotine/Tobacco	Other	
Alcohol	Other	
What Steps Can I take to overcome my challenges (for examp	le, open to using NARCAN):	1
1.		
2		
2.		
3.		

### II. Prenatal Period

My Prenatal Plan
My Immediate need: (Ex Housing, Food, Transportation, car seat, diapers, etc.
1.
2.
Please list healthy goals you would like to achieve during your pregnancy (Ex: Prenatal Vitamins, nutritional classes, exercise, AOD meeting,
1.
2.

My Prenatal Appointment			
Scheduled Date:	Time:	Place:	Care Provider:

#### Information I can expect at my Prenatal Visit

What to Expect during youth birth hospital stay, a tour of the birth place, a review of your preference for your birth plan	Informati on about Safe Sleep	Child Birth Class Options	The benefits of Breast Feeding	Guides on Rooming In	Resources available to you and your family	Options available to help you manage pain	Information about substance use and pregnancy	a review of Neonatal Abstinence Syndrome: What it is diagnosed and treated and the important role moms have in caring for their babies	Mandatory Reporting and the role of Child Welfare

Max Dinth Dlan				
My Birth Plan				
Due Date:	; Emergency Contact:			
			· · · · · · · · · · · · · · · · · · ·	
Schedule registration at t	he hospital: Mad River, Saint Joe's	s, or Sutter Coast o	r Other:	
Adreas	· Talanhana:	. With	· Data:	
Address	; Telephone:	, wittii	, Date	
Important Things to Kno	w About me:			
Special Instructions for I	Delivery and Birth: (Ex. I would like to	a labor poturally/or road	aive pain medication when L	mixe at the hearital)
Special filse defibilis for 1	Derivery and Birth. (Ex. I would like a	5 labor naturally/or rece	erve pain medication when I a	intive at the hospital)
In the Case of a Caesarea	in Section:			
Important Issues, Fears,	or Concerns:			
Important Deeple I Way	d Like in the Deem While I Cive I	Dinth		
Important People I Woul	d Like in the Room While I Give I	Sirui		

#### III. Post-Partum Period

My Post- Partum Plan My Immediate Needs:		
My first 10 days at home: (Ex. I will receive a baby basket by date:	from:	Schedule home visits from
Please discuss whether you would be open to family or friends hel children?	ping you in your ho	ome with your baby? Other

Sleeping Arrangements Mother/Baby:

Feeding Mother/Baby:

Visitors:

Do you plan to have another baby within the next 12 months? (if appropriate, birth control discussion)

#### IV. Infant Needs

My Baby	
Prenatal Exposure History:	
Hospital Care: (Ex. NICU, APGAR, Length of stay, Diagnosis)	
Follow up Pediatric Care:	Provider:
Other Medical Care or Developmental Concerns:	
Referral to Trauma Informed Early Child Care:	
Referral to Early Intervention and Other Services:	