

All-Team Quarterly Learning **Collaborative:** Child Welfare & **Juvenile Justice** Teams

September 18, 2023

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HMA **HCS**

• Welcome

AGENDA

- Harm and Overdose Reduction with Youth
- Applying an Equity Lens to Collaborative Practice When Implementing Plans of Safe Care
 - Guest Speaker: Latonya Adjei-Tabi
- CalAIM Implementation: Opportunities for Juvenile Justice and Probation
- Upcoming Events and Reminders



WELCOME

12:00 – 12:10 pm PDT Presenter: Bren Manaugh



- HMA currently leads 3 MAT Expansion projects:
 - MAT in Jails and Drug Courts
 - Includes Jail, Drug Court, Child Welfare and Juvenile Justice teams
 - Systems of Care
 - Community Overdose Prevention Effort (COPE)
- If you are involved with more than one project, your coaches are aware and can coordinate to accommodate your county's needs

STATUS OF GRANTS AND MOUs

MOU executed; full stipend sent

- Mendocino County
- Monterey County
- Santa Clara County (JJ)
- Shasta County
- Sonoma County
- Stanislaus County

MOU generated; awaiting county signature

- Kings County
- Santa Clara County (CW)
- Santa Cruz County

Waiting on confirmation of county information

- Riverside County
- San Benito County





HARM AND OVERDOSE REDUCTION WITH YOUTH

12:10 – 12:35 pm PDT Presenter: Helen DuPlessis, MD, MPH

LEARNING OBJECTIVES

- Understand the influence of adolescent development on substance use and approaches to harm reduction
- Describes the difference in circumstances and disproportionate impact of drug overdoses between adolescents and the general population
- Identify differences in HR definitions and approaches
- List at list three adolescent-specific HR strategies



WHAT WE KNOW ABOUT TRENDS IN SUBSTANCE USE **AMONG ADOLESCENTS**

Individuals are most likely to begin using drugs during adolescence and young adulthood

• By the 12th grade 70% of students have tried alcohol, half will have taken an illegal drug, 40% will have smoked a cigarette, AND 20% will have used a prescription drug for NONMEDICAL reasons (NYRBS, 2019)

Fortunately, most adolescents who do experiment do NOT develop an addiction or other SUD

But, SUD among youth part of other risky behaviors





RISK FACTORS

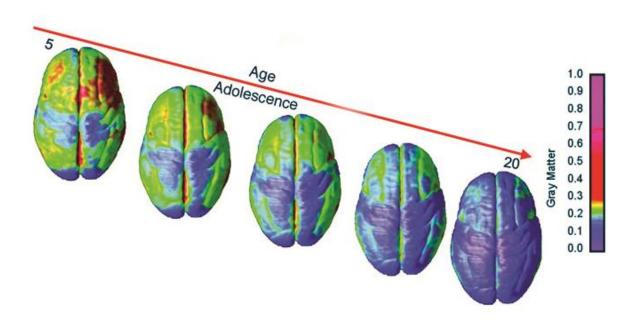


- Adverse Childhood Events (ACE) predispose to SUD
 - 75% of those with OUD have history of ACEs (CTIPP, 2017)
 - Having >3 ACEs is associated with earlier onset use, greater prevalence IV drug use, greater overdose rate (Hughes et al, 2017)
 - Risk of SUD increases with number of ACEs (dose-response)
- 15.2% of people who start drinking by age 14 will eventually develop alcohol use disorder or dependence vs. 2.1 % of those WHO WAIT until they are 21 years or older
- 25% of those who begin abusing Rx drugs at 13 years or YOUNGER develop a SUD some time in their lives
- 13% of those with a SUD started using marijuana by the time they were 14 years (Gray and Squeglia, 2018)

DEFINITIONS AND LEVEL-SETTING: THERE ARE MEANINGFUL DIFFERENCE IN THE POPULATIONS

	Ages in years	General Developmental Considerations	Practical and Legal Considerations
Adolescence	12 thru 17 years: Ethics an	Moving to independenceFuture Interests - Cognitived Self-directionPhysical Changes	development Sexuality
 Early adolescence 	10* thru 13	 Physical changes – worries about being normal Mood swings Limit testing Sense of invulnerability Close relationships gain importance (searching outside of family 	 Familial Context Financial dependent Health coverage dependent Emotional evolution
• Mid- Adolescence	15 thru 16	 Strong peer attachment Concerns about appearance and sexual appeal Interest in ideals, role models, moral reasoning Asserting independence → deeper conflicts Risk-taking 	 Must be enrolled in school Minor Consent laws in some states (unable to consent for treatment with MAT)
 Late Adolescence 	17 thru 18	 Mainly independent decision-making Ability to delay gratification Defining realistic adult role in society and family Capable of insight, self-regulation of self-esteem Realization of vulnerability and limitations 	• Emancipation is the exception not the rule
Emerging Adults	18 thru 25	Do I have a role and place in this world?	Legal age for most decision- making

ADOLESCENT BRAIN DEVELOPMENT: ALL GAS AND NO BRAKES



Copyright (2004) National Academy of Sciences, USA Gogtay et al (2004). P Nat Acad Sci. 101(21):8174-8179



- Mid-brain areas are highly active during adolescence
 - Reward, motivation, moods/emotions, addiction
 - Dopamine-mediated (largely)
- Pre-frontal cortex develops much later (20s-30s)
- Brain in transition is "pruning" to develop greater efficiency and specificity (resilience)
- Pubertal hormones are implicated in development of areas of the brain that drive risk-taking

ADOLESCENT OVERDOSE DEATHS: 2010-2021?

Adolescent Overdose Mortality by Substance Type (14 to 19yo | Rate=deaths/100,000)

12 5 American Indian or Alaska Native, non-Hispanic Illicit fentanyls and synthetics Black or African American, non-Hispanic 10 -Benzodiazepines Δ Latinx Methamphetamine Death rate per 100 000 Death rate per 100 000 White, non-Hispanic 0 Cocaine 8 Total Prescription opioids 3 Heroin 6 2 0 0 2010 2011 2012 2017 2018 2019 2020 2021 2013 2014 2015 2016 2010 2011 2013 2014 2015 2017 2018 2019 2020 2021 2012 2016 Year Year

Source: Friedman J, et al. JAMA. 2022;327(14):1398–1400. doi:10.1001/jama.2022.2847



Adolescent Overdose Mortality by Race/Ethnicity

NOTABLE INFORMATION ON CIRCUMSTANCES OF THESE OVERDOSES

- Route of Administration
 - Ingestion 23.7%
 - Injection 8.1%
 - Snorting 23.3%
 - Smoking 23.7%

- Overdose location, bystanders
 - Home 60%
 Other house/apt 21.7%
 No Bystander Response 67.9%
 - Naloxone Administered 30.4%



LEVEL SETTING ON HARM REDUCTION...

- Harm reduction is a set of practical strategies and ideas aimed at reducing negative consequences associated with drug use. Harm Reduction is also a movement for social justice built on a belief in, and respect for, the rights of people who use drugs. National Harm Reduction Coalition
- A practical and transformative approach that incorporates community driven public health strategies including prevention, risk reduction, and health promotion to empower PWUD and their families with the choice to live healthy, self-directed, and purpose-filled lives. *SAMHSA*
- Harm reduction refers to policies, programs and practices that aim to minimize the negative health, social and legal impacts associated with drug use, drug policies and drug laws. *Harm Reduction International*



LEVEL SETTING ON HARM REDUCTION...FOR YOUTH

There is a long history of zero-use goals being implicitly or explicitly built into prevention theories and models. Consequently, there remains substantial debate about the effectiveness of prevention interventions based on the risk factors approach when abstinence is the only outcome.

- Child-centered harm reduction is the study and practice of reducing the health and social harms to those under the age of 18 due to their own drug use, parental or family drug use, or related laws and policies. – Barret et al, 2022
 - Encourages adaptation of HR theories to include issues of consent, identity, dependency
 - Draws attention to the specific sociology and psychology of children and youth



ADOLESCENTS APPROACHES TO SUBSTANCE USE

- May use substance for a variety of reasons (address moods, connect with peers)
- Often don't believe they have a SUD
- Often don't believe there are significant risks in using substances
- Don't often use in the same settings environments
- Fear disclosure of substance use will be revealed to caregivers or have legal consequences



- May perform more rapidly under the influence, but are less effective (risky driving and other behaviors)
- Are less likely than adults to inject
- Are more likely than adults to engage in risky behaviors while under the influence (higher rates of HIV, hepatitis B and C)
- May not have abstinence as a goal

OBSTACLES TO EFFECTIVE HARM REDUCTION FOR YOUNG ADULT USERS

Stigma and denial

Fear of law enforcement

Lack of youth-friendly services

Disconnection from networks traditionally reached by harm reduction services

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Lack of knowledge about safer injecting practices, harm reduction and HIV programs in their communities



LEARNING FROM OTHER COUNTRIES ABOUT HARM REDUCTION FOR ADOLESCENTS

- International youth HR programs focus on incremental positive change that neither presupposes or preclude abstinence as a goal
- Hegemonic Model of Recreational Influence.

Setting-based approaches

- Whole School Interventions (UK) classroom based, peer led strategies in school and address SDOH
- Responsible Beverage Service (RBS) community-based approaches, community mobilization, bar staff training hospital staff Stockholm Prevents Alc and Drug Problems
- Motivational interviewing and youth development programs SBIRT can 'result in decreases in substance-related negative consequences and problems, decrements in substance use and increased

Non-judgmental, compassionate, evidence-based care that validates their experiences, preserves confidentiality and autonomy and expresses gratitude for their trust



MORE LEARNING FROM INTERNATIONAL COUNTRIES

- Dance 'Till Dawn Safely decrease in alcohol-related problems, increased refusal to serve minors and a 29 % reduction in assaults
- Mass media campaigns may be politically important but appear to be largely ineffective (and occasionally counter-productive).
- School based program show some promise (using peers as educators)
- Some US providers gauging interest on shifting from a primary preventiondominant model to a secondary and tertiary prevention model
 - Secondary prevention focuses on early ID of high-risk populations with interventions aimed at slowing/stopping disease progression
 - Tertiary prevention offer treatment and rehab after diagnosis



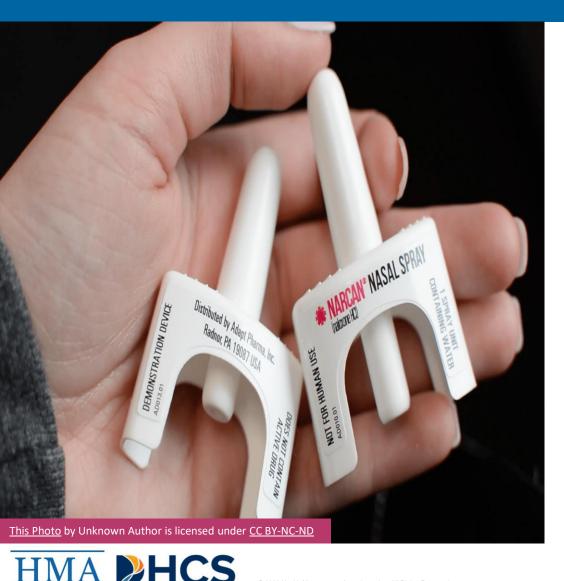
MAT AND ADOLESCENTS

Treatment of adolescents with OUD with MAT is recommended by:

- American Society of Addiction Medicine
- American Academy of Pediatrics
- Society for Adolescent Health and Medicine
 - "All adolescents and young adults (AYAs) with opioid use disorder (OUD) should be offered medication for OUD as a critical component of an integrated treatment approach that includes pharmacologic and nonpharmacologic strategies."



KEY STRATEGIES FOR EFFECTIVE HARM REDUCTION FOR YOUNG ADULTS



Must be contextually relevant and responsive

- Distribution of harm reduction materials and education using social networks and digital media.
- Venue-based interventions (distribution of harm reduction materials in clubs, bars, music events in which youth prescription opioid use may occur) should be considered.
- Peer-based naloxone training and distribution, and drug user-led programs to provide safer injection education are two examples of effective drug user "intravention".
- Can the US embrace "differentiated normalization?"

HARM REDUCTION TIPS

Don't become a statistic.

Take action to protect yourself from overdose.





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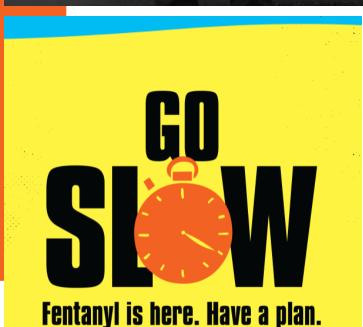
1. CARRY NALOXONE.

 Naloxone is available at all pharmacies in Maryland.

2. GO SLOW. Start with a very small amount to test the strength.

Use with someone and **take turn** in case one of you needs naloxone.

3. NEVER USE ALONE.



WHAT DOES THIS MEAN?

Go Slow

If you use drugs, take action to prevent overdose. When you take a drug, start with a very small amount to test the strength. Don't slam it. You can always take more, but you can never take less. If you inject drugs, inject a little bit first and wait 20 seconds to see how strong it is. If it feels off, consider not using it or using less than planned. Be sure someone with you has naloxone.

If you use heroin, pills or even other drugs in Maryland, there's a good chance you're using fentanyl. Fentanyl has caused a huge spike in overdose deaths. Fentanyl acts FAST. Be careful.

Source: https://www.goslow.org/



SUMMARIZING HR CONSIDERATIONS FOR A CHILD-HR MODEL

Consideration	High-level Strategies	
General Approach	Create multiple touchpoints Normalize responses to stigmatized behaviors	
Understanding motivations	"Decisional balance" approaches Facilitate access to behavioral health treatment as needed	
Acknowledge and address settings for use	Ask about settings Encourage "buddy system"	
Leveraging family and social connections	ID friends/family that can reinforce HR approach and carry naloxone Educate on OD prevention Discuss safe medication storage	
Reduce risk of driving injury	Designated driver and other protective strategies	
Reducing overdose risk	Facilitate access to and knowledge about naloxone and MAT	
Reducing infectious disease transmission	Ask about modes of use Offer info on safe use techniques, sites Offer testing Vaccinate for communicable diseases	



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- American Academy of Child and Adolescent Psychiatry <u>https://www.aacap.org/AACAP/Families_and_Youth/Facts_for_Families/FFF-Guide/The-</u> <u>Teen-Brain-Behavior-Problem-Solving-and-Decision-Making-095.aspx</u>
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APPLYING AN EQUITY LENS TO COLLABORATIVE PRACTICE WHEN IMPLEMENTING PLANS OF SAFE CARE

12:35 – 1:20 pm PDT Presenter: Latonya Adjei-Tabi, MPA Introduced by Liz Stanley-Salazar

APPLYING AN EQUITY LENS TO COLLABORATIVE PRACTICE WHEN IMPLEMENTING PLANS OF SAFE CARE

Latonya Adjei-Tabi, MPA | Senior Program Associate, National Center on Substance Abuse and Child Welfare

Quarterly All-Teams Virtual Learning Collaborative | September 18, 2023



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WHY THIS WORK IS URGENT

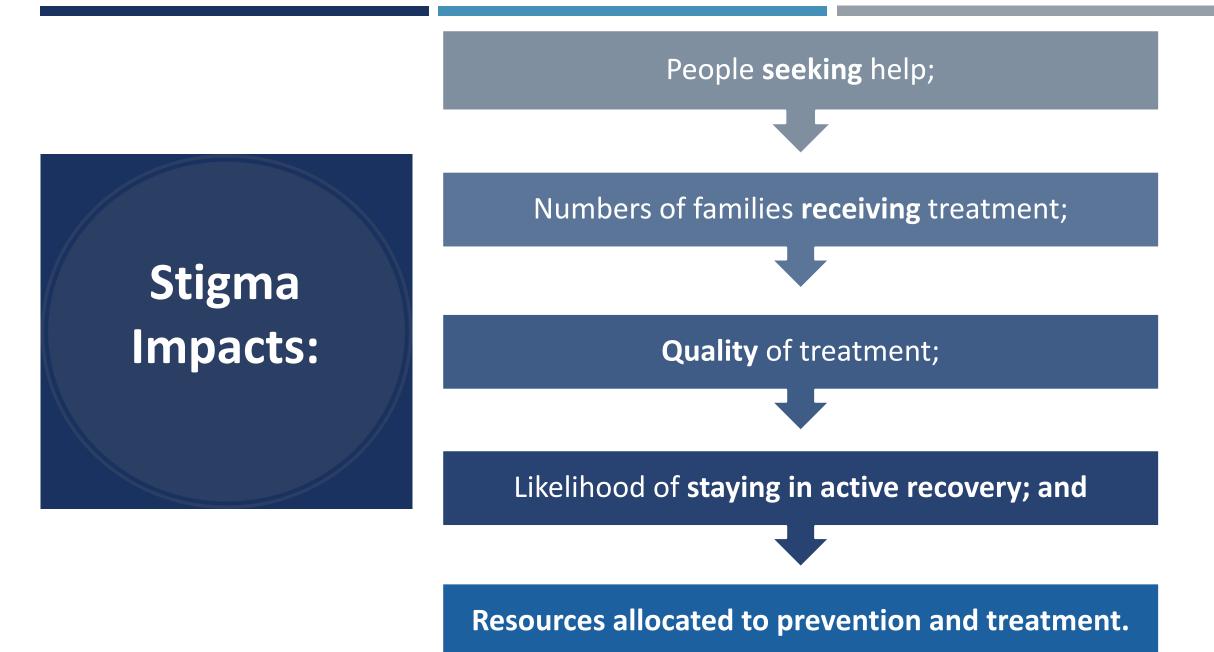
Infants with Prenatal Substance Exposure

And Their Families

BEFORE WE HEAR ABOUT THE DATA...

It's important to remember that people can and do recover from trauma and SUDs. Healthcare professionals have similar levels of public and structural stigma toward those with a SUD compared to the general population.

75.2% of the public <u>do not</u> believe SUD is a chronic medical illness like diabetes, arthritis, or heart disease.



(Shatterproof, 2020)

Mechanism by which Adverse Childhood Experiences influence health and well-being throughout the lifespan

Centers for Disease Control and Prevention. (2020, September 3). *About the CDC-Kaiser ACE Study*. Www.cdc.gov. https://www.cdc.gov/violenceprevention/aces/about.html



Adverse Childhood Experiences

Social Conditions/Local Context

Generational Embodiment/Historical Trauma



Non-Hispanic American Indian or Alaska Native people or multiracial people

People with less than a high school education

People who make less than \$15,000 a year

People who are unemployed or unable to work

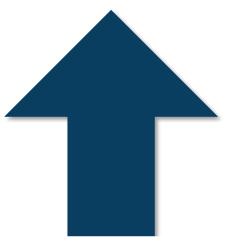
LGBTQ+ population

Adverse Childhood Experiences Resources. (2022). Center for Disease Control and prevention. <u>https://www.cdc.gov/violenceprevention/aces/resources.html#anchor_1626996630</u>

Discrimination and Substance Use and Substance Use Disorders

An individual's exposure to racism and discrimination <u>increases</u> the risk of developing toxic stress and ACE-associated health conditions, such as SUDs.

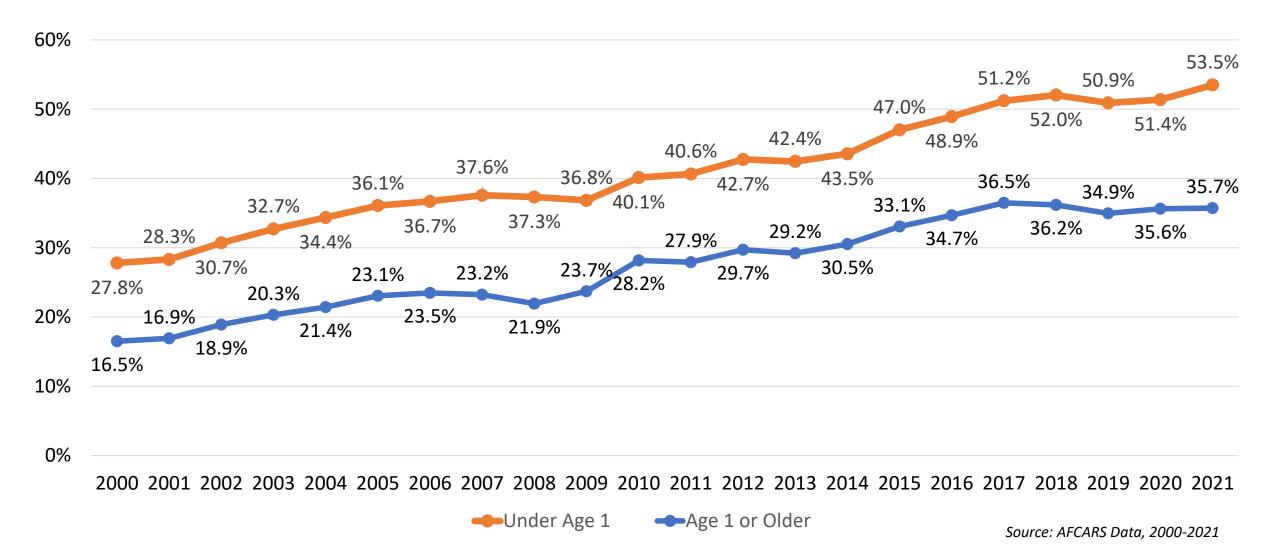
A study of SUD disparities in rural Native American communities found that <u>stress from racism and historical</u> <u>trauma</u> causes SUDs and is a barrier to recovery.



Skewes, M. C., & Blume, A. W. (2019). Understanding the link between racial trauma and substance use among American Indians. American Psychologist, 74(1), 88–100. https://doi.org/10.1037/amp0000331

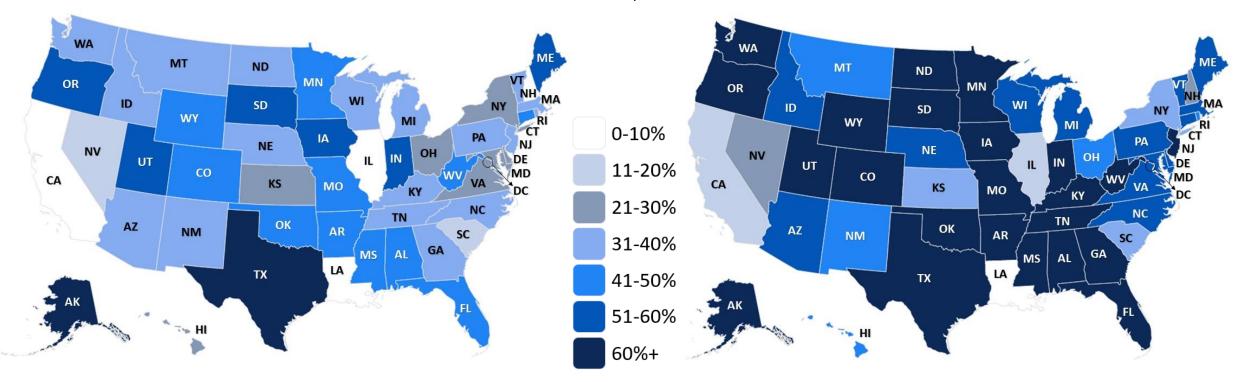
Racism and discrimination as risk factors for toxic stress. (2021). [Webinar]. ACEs Aware. https://www.acesaware.org/events/racism-and-discrimination-as-risk-factors-for-toxic-stress/

Incidence of Parental Alcohol or Drug Abuse as an Identified Condition of Removal in the United States, 2000 to 2021



Note: Estimates based on *children who entered out of home care* during Fiscal Year

Parental Alcohol and Drug Abuse as an Identified Condition of Removal for Children by Age, 2021



N = 606,1877

Age 1 and Older

National Average: 36.0% N=480,645 Under Age 1

National Average: 51.3 N= 123,178

Note: Estimates based on *children who entered out-of-home care* during the Fiscal Year

Source: AFCARS Data, 2021 v1

OPPORTUNITIES

CARA Primary Changes to CAPTA in 2016



- Further clarified population to infants "born with and identified as being affected by substance abuse or withdrawal symptoms resulting from prenatal drug exposure, or a Fetal Alcohol Spectrum Disorder," **specifically removing "illegal"**
- Specified **data to be reported** by States to the maximum extent practicable
- Required **POSC** to address "the health and substance use disorder treatment needs of the infant and affected family or caregiver."
- Required "the development and implementation by the State of monitoring systems regarding the implementation of such plans to determine whether and in what manner local entities are providing, in accordance with State requirements, referrals to and delivery of appropriate services for the infant and affected family or caregiver."

The Necessity Of Collaboration



Substance use and child maltreatment are often **multi-generational problems** that can only be addressed through a coordinated approach across multiple systems to address needs of both parents and children.

Proportional Access

Equitable Treatment

Equal Outcomes

Early Identification of Families in Need of SUD Treatment

Family Centered Treatment Services *Recovery Supports* Peer Supports & Doulas

Early Identification of Families in Need of SUD Treatment

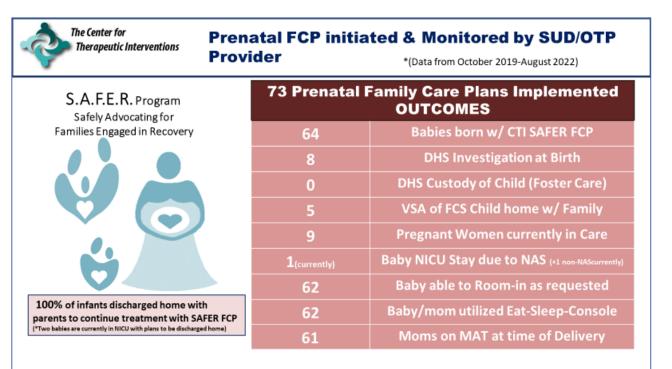
Prenatal POSC

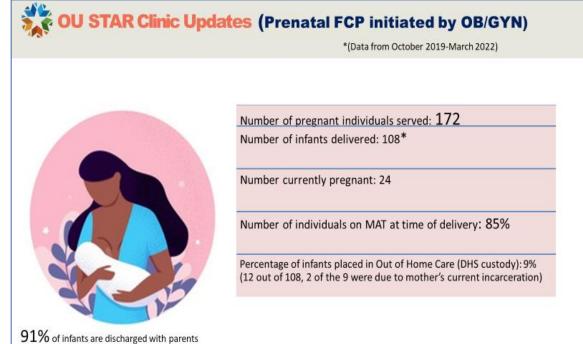


Teambirth Adaptations in Oklahoma

Developing	Developing guidance for working with families experiencing a SUD
Consulting	Consulting with tribal representatives to adapt the approach to meet needs of Native American families
Expanding	Expanding to prenatal care and the NICU

Impact of Prenatal Family Wellness Plans in Two Pilot Sites Oklahoma

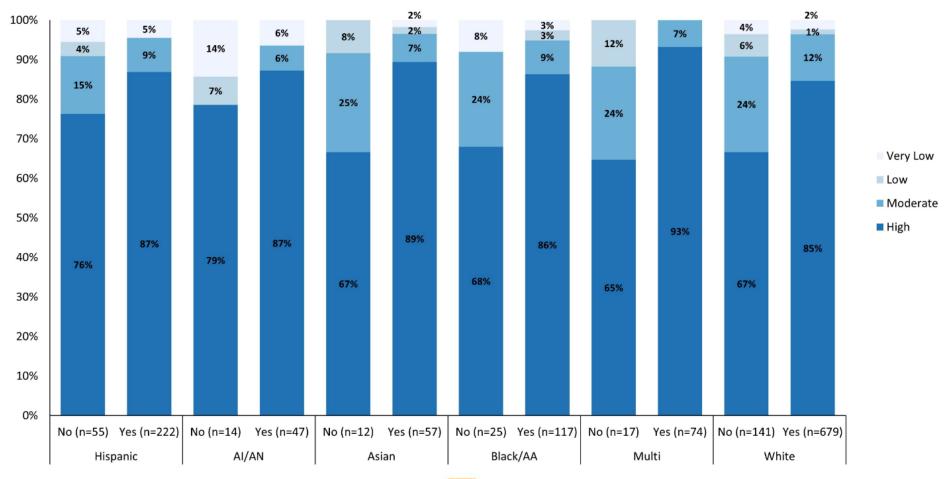




"Over the past generation, giving birth in America has become less trustworthy."

- U.S. women have the highest rate of maternal mortality among high-income countries, and this rate is rising. These women are also more likely to experience severe maternal morbidity.
- Black women experience 3-4x higher mortality.
 - Two-thirds of pregnancy-related deaths may be preventable.
- In a national survey, almost 1/3 of women who gave birth in a hospital reported experiencing one or more types of mistreatment, such as loss of autonomy or receiving no response to requests for help.
- Mistreatment is experienced more frequently by women of color and among those with social, economic, or health challenges.

Mothers Autonomy in Decision Making* by "Huddle" And Race/Ethnicity



MADM Score Quartiles by Race/Ethnicity and Labor Huddle (Y/N)



(Vedam S, Stoll K, Martin K, et al., 2017)



Family-Centered Approach



Recognizes that addiction is a **brain disease** that affects the entire **family**, and that recovery and well-being occurs **in the context of the family**

Provides a comprehensive array of clinical treatment and related support services that meet the needs of **each member in the family**, not only the individual requesting care



Extends well beyond the substance use disorder (SUD) treatment system, the child welfare system, the courts, and mental health services, and includes **all other agencies and individuals** that interact with and serve families

(Adams, 2016; Bruns et al., 2012; Children and Family Futures et al., 2020)



- Family Intervention Response To Stop Trauma (F.I.R.S.T clinic) (Everett, WA).
- Interdisciplinary and cross-discipline upstream approach to child welfare combines legal advocacy with connecting a family with services to prevent removal and future involvement with CPS.
- Having a confidential and trusted resource to help a parent navigate through the hurdles of CPS involvement <u>PRIOR</u> to court action has made all the difference in the lives of clinic clients.
- Between July 2019 and November 2021, out of 72 cases with a recorded outcome, 89% of babies remained with their parents or other relatives.



CHARM COLLABORATIVE

A collaborative approach to supporting pregnant and parenting individuals with SUDs and infants affected by prenatal substance exposure



- In many jurisdictions, all infants with prenatal substance exposure are mandated reports of child abuse or neglect to child welfare.
- However, many are screened out at intake or closed after initial investigation.

What if:

- A CAPTA notification option for families with a lower risk profile were created, and
- Family engagement, POSC development and ongoing tracking were provided by a community partner (such as a treatment provider or home visitor)

Then:

• All infants with prenatal substance exposure and their families could receive supports and services.

CAPTA Notifications: 3 Key Points

Healthcare providers involved in the delivery of care of an infant born "affected by substance abuse" <u>must notify</u> CPS. These reports on their own, are not grounds to substantiate child abuse or neglect.

> A POSC is required for "infants affected by substance abuse" <u>whether or not the</u> <u>circumstances constitute child</u> maltreatment under state law.



CAPTA does not specify which agency

or entity (such as hospitals or community-based organizations)

must develop the POSC.

RECOVERY SUPPORTS

PEER SUPPORT SPECIALISTS/FAMILY MENTORS/DOULAS

Functions of Recovery Support Specialists





Liaison

- Links participants to ancillary supports; identifies service gaps
- Treatment Broker
 - Facilitates access to treatment by addressing barriers and identifies local resources
 - Monitors participant progress and compliance
 - Enters case data
- Advisor
 - Educates community; garners local support
 - Communicates with FDC team, staff and service providers



- Provide mentoring and coaching
- Serve as recovery role models
- Help families navigate public systems
- Parent engagement in child welfare setting
- Connect families to services, community resources, and recovery supports
- Help remove barriers to services and progress
- Transportation, childcare referrals, court, family meetings
- Help raise awareness, reduce stigma, and
- promote advocacy and recovery
- Help establish new recovery supports in community
- Change organizational cultures where they work
- Share experience, strength, and hope

Published Outcomes

- Women in START have **nearly double sobriety** rate of non-START counterparts (66% vs 37%)
- Children in START are about half as likely to enter foster care (21%vs 42%)
- At case closure, over **75% of START kids remained with or were reunified** with their parent(s)
- For every dollar spent on KY START, \$2.22 is saved in offset of foster care costs.
- Listed as having **promising evidence of effectiveness** on the California Evidence-Based Clearinghouse for Child Welfare

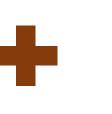


©National START Model (Huebner, R.A., Willauer, T., and Posze, L. 2012)

Recovery Support Matters

A Randomized Control Trial – Cook County, IL (n=3440)

Comprehensive Screening & Assessment







(Ryan, Perron, Moore, Victor & Park, 2017)



The effectiveness of the program emerges out of the trusting relationship between the community-based doula and the participant, established through the months of pregnancy, birth and early infant care.

RESOURCES

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Use this QR code to access *The Training and Technical Resource Catalog* which includes all the most recent materials from NCSACW to help professionals best serve families.

TRAINING AND TECHNICAL ASSISTANCE RESOURCE CATALOG

A program of the Children's Bureau (CB), Administration for Children and Families (ACF), co-funded by the Substance Abuse and Mental Health Services Administration (SAMHSA).

The materials and resources in this catalog are available at no cost and can be accessed at <u>https://ncsacw.acf.hhs.gov/</u>.



WHO WE ARE
The National Center on Substance Abuse and Child Welfare (NCSACW)
Use unsported center on Substance Abuse and Child Melfare (MCSACW)
Use unsported center of Substance Abuse and Child Melfare (MCSACW)



WHO WE ARE

NCSACW provides training and technical assistance (TTA) to help agencies and professionals develop or enhance policies, practices, and procedures that improve child and family outcomes and promote their social and emotional well-being.

Contact us to learn more and for a copy of *Who We Are* at <u>NCSACW@cffutures.org</u>



Key Considerations for Applying an Equity Lens to Collaborative Practice



This brief helps collaborative teams formally assess existing policies to determine if and how they contribute to disproportionate and disparate outcomes for families being served. By working through the "Questions to Consider", teams begin applying an equity lens to collaborative policies and practices.



Available @ <u>https://ncsacw.acf.hhs.gov/files/equity-lens-brief.pdf</u>

NCSACW Child Welfare Practice Tip Series



- Understanding Substance Use Disorders: What Child Welfare Staff Need to Know
- Understanding Engagement of Families Affected by Substance Use Disorders-Child Welfare Practice Tips
- Understanding Screening and Assessment of Substance Use Disorders-Child Welfare Practice Tips
- Identifying Safety and Protective Capacity for Families with Parental Substance Use Disorders and Child Welfare Involvement
- Child Welfare & Planning for Safety: A Collaborative Approach for Families with Parental Substance Use Disorders and Child Welfare Involvement

https://ncsacw.acf.hhs.gov/topics/parental-substance-use-disorder.aspx



Safety & Risk Video Series



National Center on Substance Abuse and Child Welfare

This video series provides child welfare professionals with details on child safety and risk factors related to parental substance use disorders (SUDs). The series highlights strategies to promote parent engagement and support a coordinated approach—across systems—that helps families mitigate child safety and improve family well-being. It includes considerations when planning for safety with families.

- Engagement and Safety Decision-Making in Substance Use Disorder Cases
- Planning for Safety in Cases When Parental Substance Use Disorder is Present



https://ncsacw.acf.hhs.gov/training/videos-andwebinars/webinars.aspx

Disproportionalities and Disparities in Child Welfare

A resource for child welfare workers to help

Understand the link between disproportionalities, disparities, and the child welfare system. Recognize disproportionalities and disparities when working with families affected by SUD. Implement strategies to increase engagement with families and reduce inequities.



Available @ <u>https://ncsacw.acf.hhs.gov/files/cw-tutorial-supplement-equity.pdf</u>



National Center on Substance Abuse and Child Welfare



THE USE OF PEERS AND RECOVERY SPECIALISTS IN CHILD WELFARE SETTINGS **Purpose:** The brief offers implementation considerations that professionals can draw from when implementing peer or recovery specialist models in their communities.

Audience: Administrative and executivelevel professionals from:

- Child Welfare
- Substance Use Disorder Treatment
- Courts

Key Informant Interviews: Representatives from four programs–2 peer support programs and 2 recovery specialist programs–that have demonstrated positive child welfare and recovery outcomes for families

Available for download here: <u>https://ncsacw.acf.hhs.gov/files/peer19_brief.pdf</u>



National Center on Substance Abuse and Child Welfare



Now

Available!

Understanding Fetal Alcohol Spectrum Disorders

For child welfare and substance use treatment professionals

Overview of fetal alcohol spectrum disorders (FASD) Effect of FASD on child development Treatment for FASD

Practice strategies to support infants, children, and families with a family-centered approach Indicators of FASD among adults in SUD treatment

Download @ https://ncsacw.acf.hhs.gov/topics/parental-substance-use-disorder.aspx

Free Online Tutorials for Cross-Systems Learning







Understanding Substance Use Disorders and Facilitating Recovery: A Guide for Child Welfare Workers Understanding Child Welfare and the Dependency Court: A Guide for Substance Use Treatment Professionals Understanding Substance Use Disorders, Treatment and Family Recovery: A Guide for Legal Professionals

Visit us



https://ncsacw.acf.hhs.gov/training/default.aspx



National Center on Substance Abuse and Child Welfare

CONTACT US

NCSACW (714) 505-3525 ncsacw@cffutures.org

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CALAIM IMPLEMENTATION: OPPORTUNITIES FOR JUVENILE JUSTICE AND PROBATION

1:20 – 1:50 pm PDT Presenters: Julie White, MSW and Rebekah Kharrazi, MPH, CPH

THE BIG PICTURE

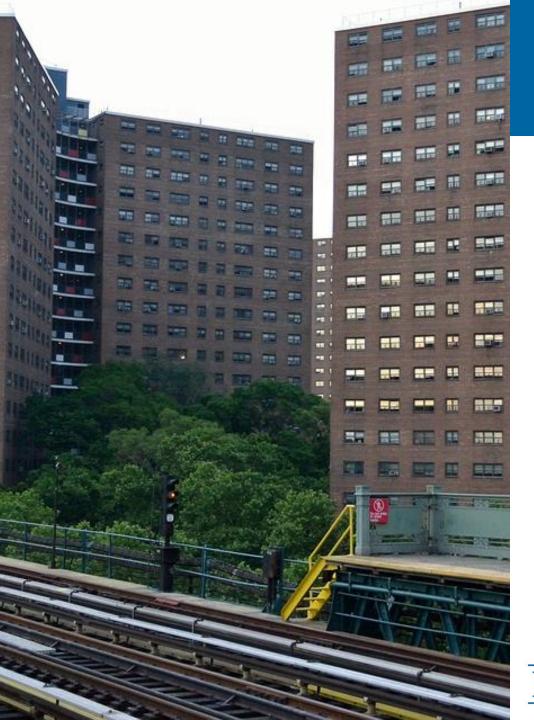
- Between 2000 and 2020, the number of youth held in juvenile justice facilities fell from 109,000 to 25,000—a 77% decline.
- Improving public safety depends on finding practical, proven responses to youth crime.
- Responses that work are those that focus on what's best for young people's long-term outcomes and keep them from becoming repeat offenders as adults.



Community-based programs that involve families as a critical component enhance youth outcomes, increase public safety, and strengthen neighborhoods.

- State-run youth detention facilities are typically the most expensive but have negligible public safety benefits compared to community-based programs.
- They are also ill-equipped to address the <u>trauma and mental health</u> <u>challenges</u> that bring many young people into contact with the juvenile justice system.
- There is a push to keep youth in their communities and transition them out of detention facilities as soon as safely possible.





HEALTH RELATED SOCIAL NEEDS AND HEALTHCARE ACCESS

- Detained youth represent a vulnerable group, for whom social determinants often have had a detrimental impact on their lives and health.
- Insufficient access to food and stable housing, quality educational and economic opportunities, secure family and community environments, adequate recreation and transportation infrastructure, and communitybased social and healthcare services are crucial factors in how and why many young people become involved in the criminal justice system





THE OPPORTUNITY FOR YOUTH DETAINED

There are no simple solutions to improve health outcomes for this vulnerable population. We must expect more of the systems and adults entrusted with the care of this population during detention.

- Improve screening for unmet health needs inadequate childhood vaccination, poor oral health, possible STIs, or underlying mental, behavioral, or developmental health conditions
- Provide high-quality care in a timely, respectful, and adolescent-friendly manner
- Detention of a young person, although undesirable, can be a rare opportunity to address unmet health and social needs and to proactively re-establish connections with community-based resources before and upon release.



Detained youth with limited involvement in the justice system are a resilient group that has notably higher health risk than same-age peers, signifying a critical opportunity for intervention.

Between September 2018 and February 2019, social workers from the Los Angeles County Whole Person Care Juvenile Reentry Aftercare Program (WPC) assessed the health and social needs of youth in pre-trial detention.

- The researchers partnered with the WPC team to analyze assessments completed by 83 youth participants. Youth were on average 16 years old, most (83%) identified as male, and all were from racial or ethnic minority groups.
- Participants reported high behavioral health needs, including a high prevalence of prior suicide attempts (16%) and a history of substance use (81%).
- Participants demonstrated a pattern of crisis healthcare utilization.
- Most youth (74%) desired vocational training, and nearly all (94%) wanted to return to school after release.



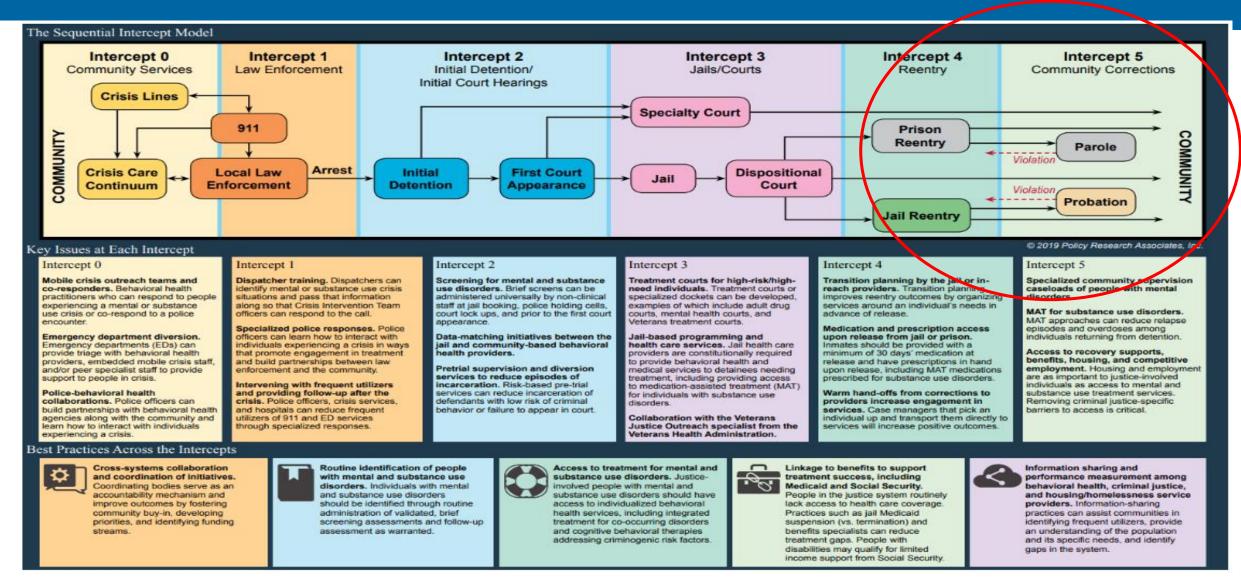
YOUTH WITH JUSTICE INVOLVEMENT & TRAUMA

More than 80% of juvenile justiceinvolved youth report a history of **exposure to at least one traumatic event** at some point in their lives, and the majority of youth report multiple forms of victimization. Many youth in the juvenile justice system have experienced **multiple**, **chronic, and pervasive interpersonal traumas**, which places them at risk for chronic emotional, behavioral, developmental, and legal problems.



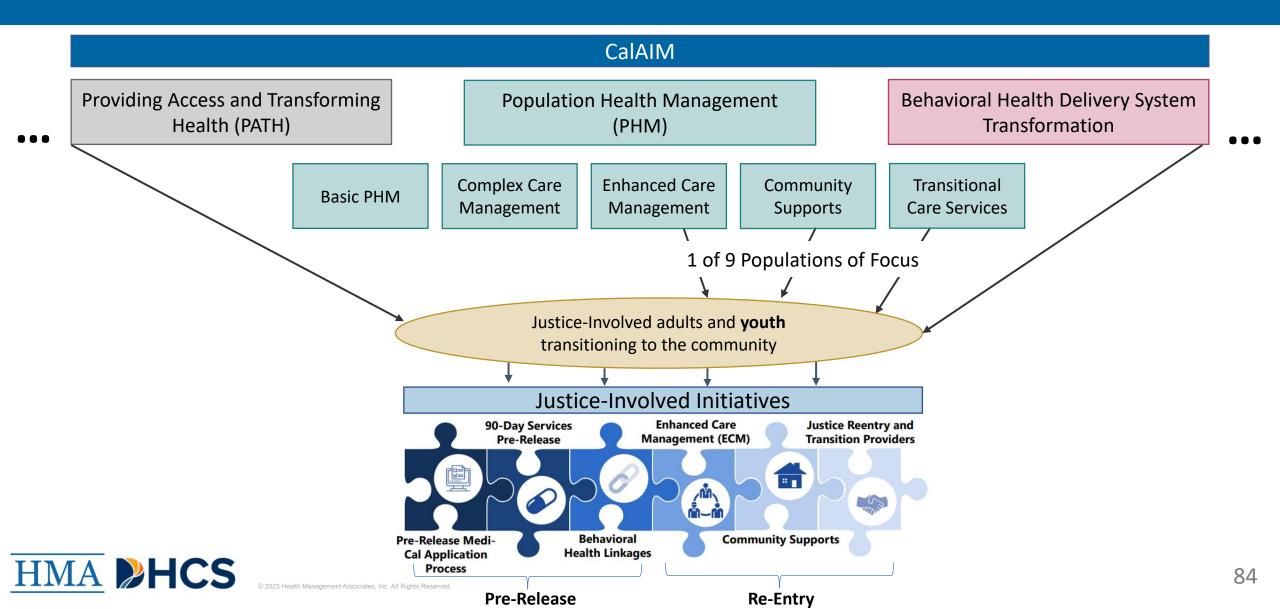
e.g., Abram et al., 2004; Charak, Ford, Modrowski, & Kerig, 2019; Dierkhising et al., 2013; Ford, Grasso, Hawke, & Chapman, 2013; Bennett, Kerig et al., 2014; for a review, see Kerig & Becker, 2012

SEQUENTIAL INTERCEPT MODEL (SIM) & YOUTH



Policy Research Associates

CALAIM JUSTICE-INVOLVED INITIATIVES: OVERVIEW



CA 1115 RE ENTRY WAIVER: ELIGIBLE YOUTH POPULATIONS

Medicaid-eligible youth and adults in state prisons, county jails, or youth correctional facilities are potentially eligible for the targeted re-entry services.

> All youth in youth correctional facilities will be considered eligible without needing to meet the health criteria.

Eligible enrollees can be either pre- or post-adjudication.



CALAIM JUSTICE-INVOLVED INITIATIVE GOALS



Advance health equity: The issue of poor health, health outcomes, and death for incarcerated people is a health equity issue because Californians of color are disproportionately incarcerated—including for mental health and SUD-related offenses. These individuals have considerable health care needs but are often without care and medications upon release.

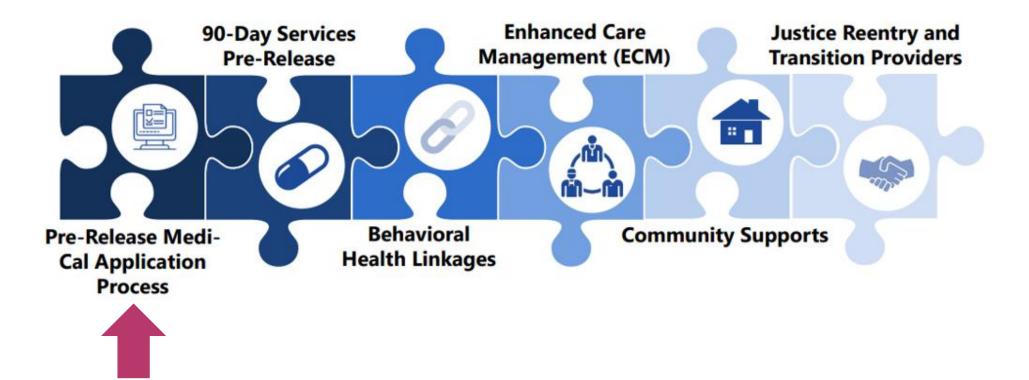


Improve health outcomes: By implementing this initiative, California aims to provide a targeted set of services in the pre-release period to establish a supportive community reentry process, help individuals connect to physical and behavioral health services upon release, and ultimately improve physical and behavioral health outcomes.



Serve as a model for the rest of the nation: California is the first state to receive approval for this initiative. We hope our model will serve as a blueprint for the dozen additional states with pending justice-involved 1115 waivers.

PRE-RELEASE MEDI-CAL APPLICATION PROCESS



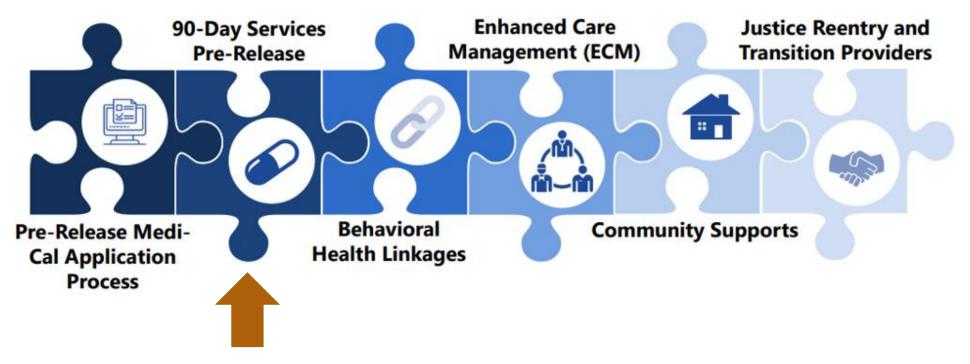
Medi-Cal enrollment for eligible youth prior to release



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90-DAY PRE-RELEASE SERVICES



Medi-Cal coverage for certain services prior to release



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90-DAY PRE-RELEASE SERVICES OVERVIEW

California is first in the nation to receive approval from the Federal government to offer a targeted set of services to incarcerated adults and detained youth on Medicaid (Medi-Cal) 90 days prior to release



The intent of the demonstration is to **build a bridge to community-based care for justiceinvolved Medi-Cal members**, offering them services to stabilize their condition(s) and establishing a re-entry plan for their community-based care prior to release.



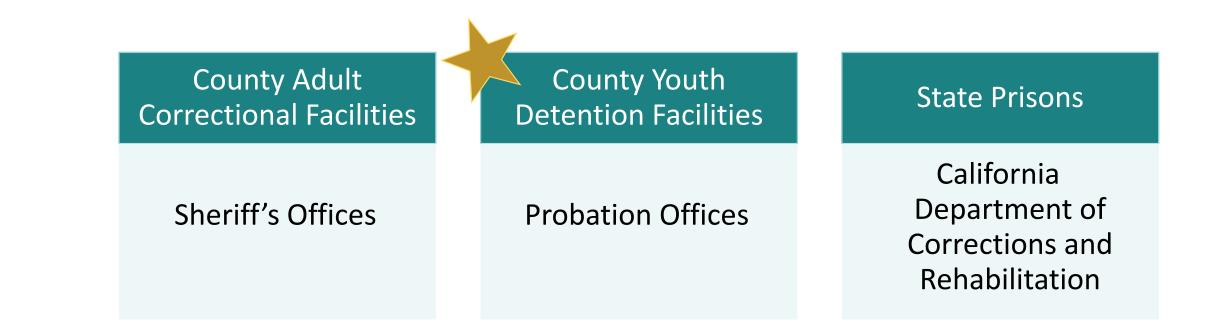
This demonstration is **part of California's comprehensive initiative to improve physical and behavioral health care for the justice-involved population** and builds on the State's substantial experience and investments on ensuring continuity of Medi-Cal coverage and access to care for JI populations.



With its 1115 demonstration, California will directly test and evaluate its expectation that **providing targeted pre-release services to Medi-Cal-eligible individuals will avert the unnecessary use** of inpatient hospitals, psychiatric hospitals, nursing homes, emergency departments and other forms of costly and inefficient care that otherwise would be paid for by Medi-Cal.



STATE-MANDATED FACILITIES





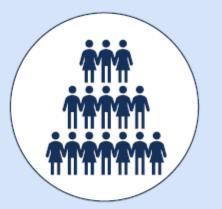
ELIGIBILITY

Medi-Cal Eligible:

- Adults
- Parents
- Youth under 19
- Pregnant or postpartum
- Aged
- Blind
- Disabled
- Current children and youth in foster care
- Former foster care youth up to age 26



Pregnant or postpartum



Criteria for Pre-Release Medi-Cal Services

Incarcerated individuals must meet the following criteria to receive in-reach services:

- ✓ Be part of a Medicaid or CHIP Eligibility Group <u>and</u>
- Meet one of the following health care need criteria (for adults):
 - Mental illness
 - Substance use disorder (SUD)
 - Chronic condition/significant clinical condition
 - Intellectual or developmental disability (I/DD)
 - Traumatic brain injury
 - HIV/AIDS
 - Pregnant or postpartum

Note: All incarcerated youth are able to receive pre-release services and do not need to demonstrate a health care need.



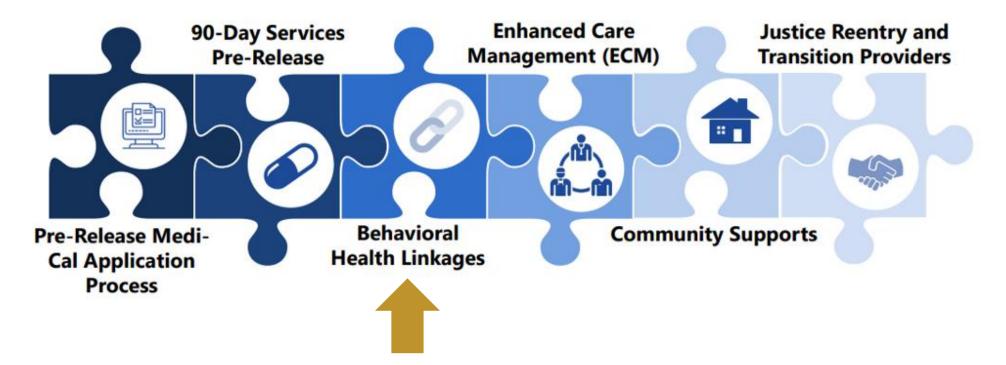
COVERED SERVICES

- Reentry case management services;
- Physical and behavioral health clinical consultation services provided through telehealth or in-person, as needed, to diagnose health conditions, provide treatment, as appropriate, and support pre-release case managers' development of a post-release treatment plan and discharge planning;
- Laboratory and radiology services;
- Medications and medication administration;
- Medications for addiction treatment (MAT), for all Food and Drug Administration-approved medications, including coverage for counseling; and
- Services provided by community health workers with lived experience.

In addition to the pre-release services specified above, qualifying members will also receive **covered outpatient prescribed medications and over-the-counter drugs** (a minimum 30-day supply as clinically appropriate, consistent with the approved Medicaid State Plan) and **durable medical equipment (DME)** upon release, consistent with approved state plan coverage authority and policy.



BEHAVIORAL HEALTH LINKAGES



Collaboration between pre- and post-release behavioral health providers



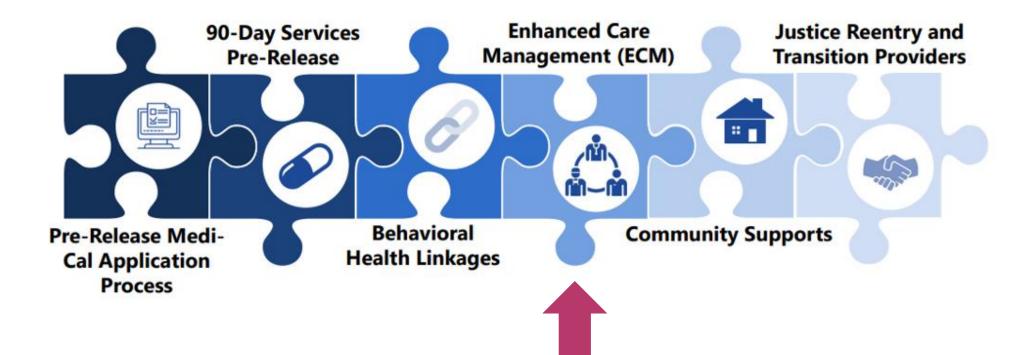
BEHAVIORAL HEALTH LINKAGES

- Screening for behavioral health needs
- Initiation of behavioral health services
 during detention
- Link pre- and post-release behavioral health providers
- Ensure smooth transition and continuity of care (critical!)





ENHANCED CARE MANAGEMENT (ECM)



Case management for youth with complex needs

(managed care plan benefit for select "Populations of Focus")



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CARE MANAGEMENT CONTINUUM AND CORE SERVICES



Enhanced Care Management (ECM) is for the highest-need Members and provides intensive coordination of health and health-related services.

Complex Care Management (CCM) is for Members at higher- and medium-rising risk and provides ongoing chronic care coordination, interventions for temporary needs, and disease-specific management interventions.

Basic Population Health Management (BPHM). BPHM is the array of programs and services for all MCP Members, including care coordination and comprehensive wellness and prevention programs, all of which require a strong connection to primary care.



Outreach and Engagement



Comprehensive Assessment and Care Management Plan



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Enhanced Coordination of Care Coordination of and Referral to Community and Social Support Services



Member and Family Supports



Health Promotion



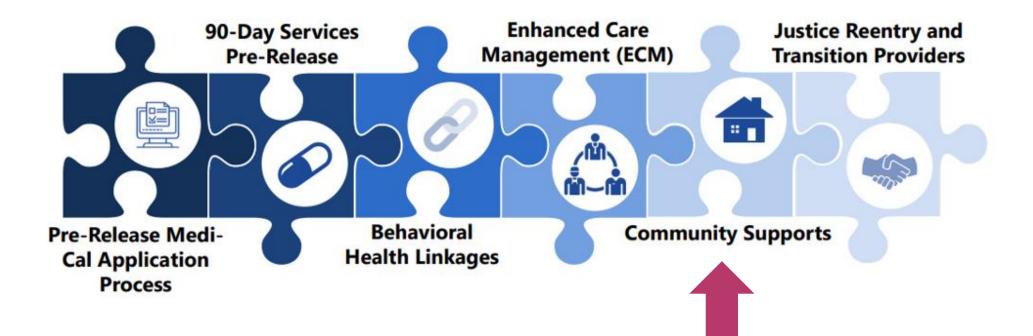


POPULATIONS OF FOCUS

ECM	Population of Focus	Adults	Children & Youth
1	Individuals Experiencing Homelessness	\sim	\sim
2	Individuals At Risk for Avoidable Hospital or ED Utilization	\checkmark	\sim
3	Individuals with Serious Mental Health and/or Substance Use Disorder Needs	\sim	
4	Individuals Transitioning from Incarceration launching statewide 1/1/24	\sim	
5	Adults Living in the Community and At Risk for LTC Institutionalization	\sim	
6	Adult Nursing Facility Residents Transitioning to the Community	\checkmark	
7	Children and Youth Enrolled in California Children's Services (CCS) or CCS Whole Child Model (WCM) with Additional Needs Beyond the CCS Condition		 Image: A second s
8	Children and Youth Involved in Child Welfare		\checkmark
9	Birth Equity Population of Focus	\checkmark	\sim



COMMUNITY SUPPORTS



Supports to address youth's social needs, including food and housing (optional for managed care plans to implement)



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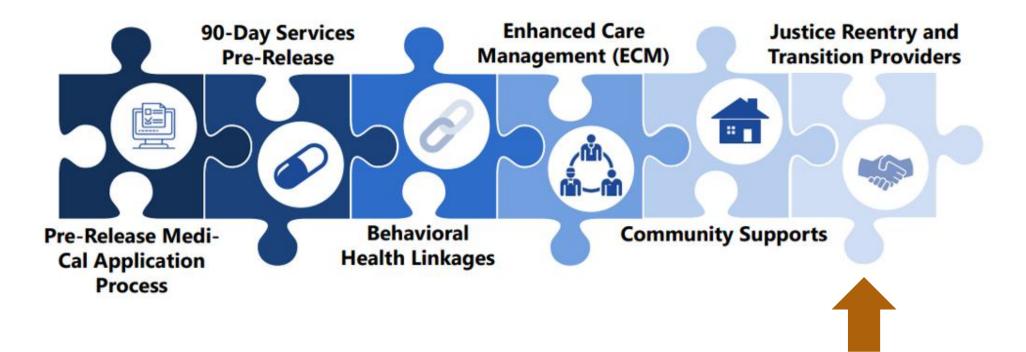
COMMUNITY SUPPORTS

- Community-based supports to address youth's social needs
- Medically appropriate, costeffective alternative services or settings
- Managed care plans are strongly encouraged (but not required) to offer
- ECM providers support linkages

- 1. Housing Transition Navigation Services
- 2. Housing Deposits
- 3. Housing Tenancy and Sustaining Services
- 4. Short-Term Post-Hospitalization Housing
- 5. Recuperative Care (Medical Respite)
- 6. Respite Services
- 7. Day Habilitation Programs
- 8. Nursing Facility Transition/Diversion to Assisted Living Facilities
- 9. Community Transition Services/Nursing Facility Transition to a Home
- 10. Personal Care and Homemaker Services
- 11. Environmental Accessibility Adaptations (Home Modifications)
- 12. Meals/Medically-Tailored Meals or Medically-Supportive Foods
- 13. Sobering Centers
- 14. Asthma Remediation



JUSTICE REENTRY AND TRANSITION PROVIDERS



Experienced and trusted providers play an important role



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QUESTIONS



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WRAP UP

1:50 – 2:00 pm PDT Presenter: Bren Manaugh

SAVE THE DATE: DECEMBER LEARNING COLLABORATIVE





If you are not currently on our listserv, please email <u>MATinCountyCJ@healthmanagment.com</u> to be added.



RECORDINGS FROM RECENT WEBINARS

 Increasing Health Care Professionals' Understanding of the Juvenile Justice Landscape: <u>https://vimeo.com/864595069?share=copy</u>



POLLING QUESTIONS

1. Overall, today's session was:

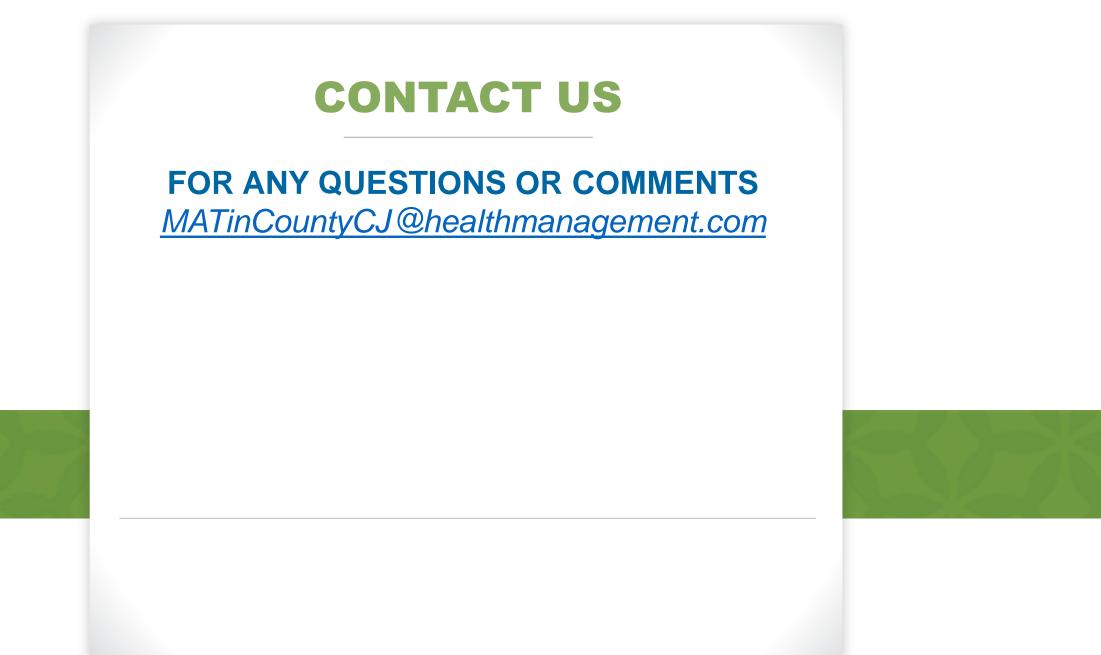
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- A. Very useful
- B. Somewhat useful
- C. Not very useful
- D. Not useful at all

- 2. The material presented today was:
 - A. At the right level
 - B. Too basic
 - C. Too detailed

Please drop into the chat any webinar or other TA topics/ ideas that your county would like information on.







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